



# Food Bank of Delaware Food & Fund Drives

Food Bank of Delaware • 14 Garfield Way, Newark • 1040 Mattlind Way, Milford

[www.fbd.org](http://www.fbd.org)

# How you can help the Food Bank

## Organize a food and funds drive

The Food Bank of Delaware is creating access to good, healthy food in every community, and we couldn't do it without your generous donations! Our new Foods to Encourage policy ensures that we procure the healthiest foods available for Delawareans in need (see our most wanted list on page six).

Unfortunately, many low-income Delawareans suffer from health conditions such as diabetes, high blood pressure, and other diet-related illnesses. Ensuring access to healthy foods helps mitigate these health conditions. The Food Bank of Delaware relies heavily on local support to provide enough food to serve Delawareans each year. A company- or school-sponsored food and fund drive is a great way to help feed those in need.

Do you have a few boxes or bags or hundreds of pounds of safe food? Food and fund drives are easy! Set up collection boxes (simple as a office copy paper box) or hand out bags for people to fill. The Food Bank of Delaware will pickup food drives of more than 20 boxes or bags.

As a food drive coordinator, you may plan, promote and manage your campaign any way you'd like!

## Donate Funds

In addition to food and grocery products, every dollar raised through your drive enables the Food Bank of Delaware to distribute food to those in need.

Just \$1 provides two meals!

Donations can be made online at [www.fbd.org](http://www.fbd.org).

## Host a virtual food drive

You can now hold your own food drive online! To meet the increasing demand for food assistance, the Food Bank supplements donated food with purchased food. With the click of a mouse, the virtual food drive allows you to get food to those who need it most.

The virtual food drive is simple and easy to implement and only requires the use of the internet and email.

- The Food Bank of Delaware will assist you with setting up the drive. The drive is promoted to your employees through email.
- Access to the site is easy. Links can be posted in emails and on your company's intranet site. Campaign progress can be monitored with online reporting functions and summaries are provided for easy corporate matching programs.

For more information, please contact Larry Haas, Development Director, at (302) 294-0185 or [lhaas@fbd.org](mailto:lhaas@fbd.org).

# Tips for a successful food drive

## Plan ahead

- Set the date for your food drive
- Determine what types of food you will collect
- Identify what supplies you will need
- Collect boxes, signage

## Register with the Food Bank of Delaware if you need barrels

- Register online by visiting [www.fbd.org/food-drives/](http://www.fbd.org/food-drives/) and filling out the form

## Set your goal

- How much do you want to collect? Boxes or pounds?
- Do you want to have a challenge with another department/group?

## Get everyone involved

- Company management or governing boards can help motivate folks by setting a standard for participation.
- Consider a match program where a company or individual matches what is collected with a cash donation.

## Promote your food drive

- Make signs and send emails to get the word out. Be sure to tell donors the types of food products that will be collected and when and where donations can be dropped off.

## Arrange transportation of your donation

- If your organization collects more than 20 boxes/bags of food, the Food Bank of Delaware will arrange to pick up the donation.
- If you collect fewer than 20 boxes/bags, we ask that you bring them to either our warehouse in Newark (14 Garfield Way) or Milford (1040 Mattlind Way).

# Fun Food & Fund Drive Ideas

**CANgineering:** build simple or elaborate sculptures using canned goods

**Cans for Coins, Coins for Children:** collect pocket change and donate money directly to the Food Bank of Delaware

**Coin & Can Day:** drop off a can and a coin

**Coin Wars:** plan a penny war between classrooms. Each class collects change in a container. Students throw dollar bills into the container of another classroom in order to “cancel out” that class’ change. In other words, change in the container equals “positive” points, while bills equal “negative” points. The team with the most positive points at the end of the war wins.

**Food Day:** designate days of the week for specific food items, i.e. Macaroni Monday, Tuna Tuesday, Wheaties Wednesday, Turkey Thursday, Fruity Friday

**Special Dress Day:** students “pay” with food to dress a special way

**Let’s SAC Hunger or TGIF (Take Groceries in Friday):** provide brown bags for students to take home and fill with food or encourage them to bring a brown bag lunch and donate the money they would have spent on a school lunch.

**Bag Hunger Auction:** students collect auction items from home, “sell” admission tickets (cost of ticket = food item), hold the auction and then the proceeds benefit the Food Bank of Delaware’s hunger-relief efforts.

**Challenges/Competitions:** organize a contest between classrooms or grade levels with several categories:

- Largest individual donation
- Most protein
- Most unusual food item
- Most original design for a food barrel
- Raise our weight in food

**Meat the Need:** canned meat drive

**Make Every Bean Count:** canned or dried-beans drive

**Read to Feed:** for every book a student reads, a can of food is donated

**Food Drive Event:** have an event, party or school production as part of the drive and charge “food admission” – the admission price equals a certain number of food items

**Fill 'er Up, Stuff-a-Bus, Fill-a-Truck, Fill-a-Shopping-Cart:** fill the principal's office, gymnasium, truck, bus or other designated area with food. Outline a map of your state on your gymnasium floor, athletic field or school grounds and fill the area in with food.

**Delaware Feeds a Family:** create a list of suggested donations that will provide nutritious meals for a family.

**Hunger Walk, Run, Bike or Dance-a-thon:** have sponsors pledge food instead of money

## **Specialty boxes or bags:**

**BREAD (Bridges Reaching Elderly and Disabled) Boxes:** contains peanut butter, juice, pasta, beans, cereal, canned foods like tuna, vegetables, sauces and fruits, dry baking mixes, fruit cup packs and pudding packs

**Special Diets:** contains low-sodium or low-sugar foods

**Women:** contains food items rich in iron or calcium

**Backpacks for Kids:** macaroni and cheese, pop-top cans, instant oatmeal, individual cereal bowls, juice boxes, shelf-stable milk (8 oz), fruit cups

**New Beginnings Bags:** filled with "new home supplies" such as oils, spices, baking products, pasta, sauces and cleaning supplies.

**Hot Dish Drive:** ingredients to make hot dishes

- Spaghetti and sauce
- Refried beans, Mexican seasonings, salsa and taco shells
- Rice and beans
- Rice and boxed seasonings
- Tuna, noodles, cream of mushroom soup and breadcrumbs
- Canned meals – chili, stews, baked beans

**Winter's Coming Drive:** "winter" items such as chili, stew and hot chocolate

**Bathroom Cabinet Bags:** soap, toothpaste, toothbrushes, toilet paper, shampoo, deodorant and other toiletries

**Break the Fast:** Canned fruit, cereal, oatmeal, pancake mix, syrup, granola bars, coffee, tea and powdered milk

# Food Bank of Delaware Shopping List

The Food Bank of Delaware needs the following items:

- Applesauce, pineapple, peaches, apricots, pears, mixed fruit, and other canned fruits (in own juices or light syrup if possible)
- Oatmeal, cheerios, corn flakes, Raisin Bran and other hot and cold cereals (whole grain as first ingredient if possible)
- Tuna, chicken, salmon, turkey, and other canned meats (in water if possible)
- Peanut butter (low-sodium if possible) and jelly
- Rice, pasta, and macaroni and cheese (brown rice or whole grain as first ingredient)
- Kidney beans, black beans, chickpeas, pinto beans and other dried/canned beans (low-sodium if possible)
- 100% Fruit/Vegetable juice
- Mixed vegetables, corn, carrots, peas and other canned vegetables (low-sodium if possible)
- Shelf-stable milk (low-fat if possible)
- Soups, stews, and other canned, complete meals (low-sodium, low-fat if possible)

## **Holiday Items (Starting in October for Thanksgiving and November for winter holidays):**

- Canned sweet potatoes (in own juices or light syrup)
- Canned gravy (low sodium if possible)
- Stuffing mix
- Frozen turkeys (requires special pickup arrangements)
- Instant potatoes

## **Nonfoods:**

- Diapers and wipes
- Dental hygiene such as toothbrush, toothpaste, mouthwash and floss
- Shampoo and conditioner
- Soap
- Cleaning products such as sponges, disinfectant, and toilet bowl cleaner
- Laundry detergent
- Paper products such as towels, plates, napkins, tissues, and toilet paper
- Plastic utensils
- School supplies such as pencil, notebooks, binders, crayons, and markers
- Kitchen storage products such as aluminum foil, plastic wrap, plastic sandwich/snack bags, plastic storage containers
- Can openers

**Please note, the Food Bank of Delaware cannot accept hard candy, lollipops, soda in cans and bottles, chocolate bars or pieces, gum and soft candy such as marshmallows, caramels, taffy, licorice and gummy items.**