



**FOR IMMEDIATE RELEASE**

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**Summer training at the Food Bank of Delaware**  
*Qualified students offered culinary opportunities*

**Milford, Del.** (May 30, 2017) – Students interested in learning basic culinary skills can have the opportunity to explore the culinary field through a free, Pre-Employment Transition Services Culinary Career Exploration Program at the Culinary School at the Food Bank of Delaware’s Milford branch.

The program starts Tuesday, June 20 and runs through Aug. 10. There are three, 3-hour sessions each week from 9:00 a.m. – 12 noon (each Tuesday, Wednesday, and Thursday).

The program is free to qualified students - ages 16-21 who are already receiving Division of Vocational Rehabilitation (DVR) assistance.

Through this partnership, students will learn kitchen safety, knife skills, and also experience cooking and baking opportunities in the kitchen at the Food Bank of Delaware. In addition to field trips and off-site tours, they will receive \$stand By Me financial coaching.

The program also incorporates a life skills curriculum, including time management, team building, career goal setting, and more.

Each student receives a chef coat and hat, the ServSafe text, materials and supplies, plus a bus pass or gas card.

For more information, contact Program Manager Ruthann Messick at 302-424-3301, ext. 107, or by email at [rmessick@fdb.org](mailto:rmessick@fdb.org).

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**About the Food Bank of Delaware**

The Food Bank of Delaware distributes millions of pounds of products each year to its network of 575 hunger-relief program partners throughout the state and also provides thousands of meals a month for children through the After-School Nutrition Program, the Summer Food Service Program and the Backpack Program. The Food Bank’s hunger-relief programs provide for Delawareans at risk of going without meals each year. The Culinary School at the Food Bank of Delaware, the Food Bank’s workforce development arm, provides training for adults interested in careers in the food service industry. For more information about the Food Bank of Delaware, visit [www.fbd.org](http://www.fbd.org) or call (302) 292-1305.