



FOR IMMEDIATE RELEASE

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Delaware letter carriers to help Stamp Out Hunger on May 10

Newark, Del. (May 1, 2014) – On Saturday, May 10, Delaware letter carriers will again Stamp Out Hunger in order to provide food assistance to Delawareans who rely on the Food Bank of Delaware's network of hunger-relief partners for support.

To help Stamp Out Hunger, simply leave a bag containing non-perishable foods, such as canned soup, canned fruits and vegetables, canned meats and cereals next to the mailbox before the time of regular mail delivery on Saturday, May 10. Food items should be in non-breakable containers, such as boxes and cans. Postal customers will receive a special Stamp Out Hunger plastic bag in their mailbox a few days prior to the drive to collect and store their items.

Now in its 22nd year, Stamp Out Hunger effort is the largest single-day food drive in the nation. Last year, letter carriers in Delaware collected more than 270,000 pounds of food for Delawareans struggling to put meals on the table.

"This annual food drive is not only very important to our organization, but also our hunger-relief partners across the state," said Food Bank of Delaware President and CEO Patricia Beebe. "This food drive allows us to stock the shelves of our partners just in time for the critical summer months, where we see more of a food shortage due to school being out of session. Last year, Delawareans went above and beyond with their support of this project. We had so many donations that we had trouble finding enough people to help unload postal trucks. We hope this year will be even better".

The Food Bank of Delaware's most needed food items include:

- Tuna fish
- Canned fruits and vegetables
- Peanut butter
- Cereal
- Pasta
- Macaroni and cheese
- Canned soups
- Canned meats

For more information about the annual Stamp Out Hunger effort visit www.helpstampouthunger.com. Volunteer shifts are still available at local post offices. To learn more or sign up, visit www.fbd.volunteerhub.com and scroll to shifts available on May 10.

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The Food Bank of Delaware distributes between seven and 10 million pounds of food and grocery products each year through its network of 477 hunger-relief program partners throughout the state and also provides thousands of meals a month for children through the After-School Feeding Program, the Summer Food Service Program and the Backpack Program. The Food Bank's hunger-relief programs directly provide for 241,600 Delawareans at risk of going without meals each year. For more information about the Food Bank of Delaware, visit www.fbd.org or call (302) 292-1305.