



## FOR IMMEDIATE RELEASE

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### **Delaware letter carriers to help Stamp Out Hunger on Saturday, May 14**

**Newark, Del. (May 3, 2016)** – On Saturday, May 14, 2016, Delaware letter carriers will Stamp Out Hunger in order to provide food assistance to Delawareans who rely on the Food Bank of Delaware’s network of hunger-relief partners for support.

To help Stamp Out Hunger, simply leave a bag containing non-perishable foods, such as canned soup, canned fruits and vegetables, canned meats and cereals next to the mailbox before the time of regular mail delivery on Saturday, May 14. Postal customers will receive a special Food Lion Feeds plastic bag in their mailbox to collect and store their items. Food items should be in non-breakable containers, such as boxes and cans.

Now in its 24th year, the National Association of Letter Carriers’ Stamp Out Hunger effort is the largest single-day food drive in the nation. Last year, letter carriers in Delaware collected 238,000 pounds of food for Delawareans struggling to put meals on the table.

“This annual food drive is not only very important to our organization, but also our hunger-relief partners across the state,” said Food Bank of Delaware President and CEO Patricia Beebe. “Here in Delaware, 12.6 percent of our population is considered food insecure. Getting nutritious foods to these individuals is our top priority, but we can’t do it alone.”

The Food Bank of Delaware’s most needed food items include:

- Tuna fish
- Canned fruits and vegetables
- Peanut butter
- Cereal
- Pasta
- Macaroni and cheese
- Canned soups
- Canned meats

For more information about the annual Stamp Out Hunger effort visit <https://www.facebook.com/StampOutHunger>. Volunteer shifts are still available at local post offices in New Castle County. To learn more or sign up, visit [www.fbd.volunteerhub.com](http://www.fbd.volunteerhub.com) and scroll to shifts available on May 14.

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*The Food Bank of Delaware distributes millions of pounds of products each year to its network of 620 hunger-relief program partners throughout the state and also provides thousands of meals a month for children through the After-School Nutrition Program, the Summer Food Service Program and the Backpack Program. The Food Bank’s hunger-relief programs provide for Delawareans at risk of going without meals each year. The Culinary School at the Food Bank of Delaware, the Food Bank’s workforce development arm, provides training for adults interested in careers in the food service industry. For more information about the Food Bank of Delaware, visit [www.fbd.org](http://www.fbd.org) or call (302) 292-1305.*