



## FOR IMMEDIATE RELEASE

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### **Delaware letter carriers to help Stamp Out Hunger on Saturday, May 11**

**Newark, Del. (May 1, 2019)** – On Saturday, May 11, 2010, Delaware letter carriers will Stamp Out Hunger in order to provide food assistance to Delawareans who rely on the Food Bank of Delaware’s network of hunger-relief partners for support.

To help Stamp Out Hunger, simply leave a bag containing non-perishable foods, such as canned soup, canned fruits and vegetables, canned meats and cereals next to the mailbox before the time of regular mail delivery on Saturday, May 11. Postal customers will receive a special Food Lion Feeds plastic bag in their mailbox to collect and store their items (any bag is sufficient, though!). Food items should be in non-breakable containers, such as boxes and cans.

Now in its 27th year, the National Association of Letter Carriers’ Stamp Out Hunger effort is the largest single-day food drive in the nation. Last year, letter carriers in Delaware collected more than 119,000 pounds of food for the Food Bank of Delaware’s network of partners.

“The Stamp Out Hunger food drive is our most important single-day food drive,” said Food Bank of Delaware President and CEO Patricia Beebe. “Ensuring that our partner agencies shelves are stocked is a priority year round, but especially during the spring months when donations are traditionally down. We are thankful for the National Association of Letter Carriers and their commitment to this long-standing day of service.”

The Food Bank of Delaware’s most needed food items include (no glass jars, please):

- Tuna fish
- Canned fruits and vegetables
- Peanut butter
- Cereal
- Pasta
- Macaroni and cheese
- Canned soups
- Canned meats

For more information about the annual Stamp Out Hunger effort visit <https://www.facebook.com/StampOutHunger>.

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#### **About the Food Bank of Delaware:**

The Food Bank of Delaware distributes millions of pounds of products each year to its network of 536 hunger-relief program partners throughout the state and also provides thousands of meals a month for children through the After-School Nutrition Program, the Summer Grab and Go Program and the Backpack Program. The Food Bank of Delaware provides community outreach through the Supplemental Nutrition Assistance Program (SNAP) and the Special Supplemental Nutrition Program for Women Infants and Children (WIC). Financial literacy coaching through \$tand By Me and nutrition education are also offered to empower Delawareans. Delaware Food Works, a workforce development initiative of the Food Bank of Delaware, provides training for adults interested in careers in the food service industry and warehousing/logistics. For more information about the Food Bank of Delaware, visit [www.fbd.org](http://www.fbd.org) or call (302) 292-1305.