

# KICK THE CAN!

Avoid storing leftovers in  
their original cans

While it may be convenient to store unused food right in the can, the USDA recommends transferring canned foods into a separate, sealable container and keeping them in the refrigerator. This ensures that the food is still safe to eat!



Canned foods can usually be kept in the fridge for 3-4 days after opened

