



LENTIL SLOPPY JOE'S



40 minutes



8 servings

INGREDIENTS

- 1 lb- lentils, uncooked
- 1 can (15oz) beans (pinto or black beans)
- 1 can (15oz) diced tomatoes
- 1 can (15oz) sloppy joe sauce
- 1 package whole wheat burger buns

DIRECTIONS

1. Cook lentils according to package directions.
2. Combine cooked lentils, beans, diced tomatoes, and sloppy-joe sauce in a saucepan over medium heat until thoroughly warmed.
3. Spoon mixture onto whole wheat buns, over a bed of brown rice, or on top of lettuce and enjoy!

Recipe source: www.minimalistbaker.com