

EASY CHICKEN POT PIE



45 minutes



6 servings

INGREDIENTS

- 1 2/3 cups frozen mixed vegetables (thawed)
- 1 cup cooked chicken (cut-up)
- 1 can cream of chicken soup, reduced sodium (10 3/4 ounce, condensed)
- 1 cup baking mix, reduced-fat
- (example: Bisquick)
- 1/2 cup milk (non-fat)
- 1 egg

DIRECTIONS

- 1. Wash hands with soap and water.
- 2. Pre-heat oven to 400 °F.
- 3. Mix vegetables, chicken, and soup in ungreased, 9-inch pie plate
- 4. Stir remaining ingredients in a mixing bowl with fork until blended. Pour over vegetables and chicken in pie plate.
- 5. Bake 30 minutes or until golden brown.
- 6.Let cool for 5 minutes and serve.

Recipe source adapted from: myplate.gov

