



**Milford Branch – New Menu as of 1/26/2024**  
ORDER FORM COVER SHEET

Agency Name: \_\_\_\_\_ Account #: \_\_\_\_\_

Contact Person: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Phone #: (    ) \_\_\_\_\_ Fax #: (    ) \_\_\_\_\_

☐ Pick up    Date: \_\_\_\_\_ Time: \_\_\_\_\_      ☐ Delivery    Date: \_\_\_\_\_

**Pages sent including coversheet:** \_\_\_\_\_

**Hours:**

**Monday- Thursday:** 8:30 a.m. – 12:00 p.m. and 1:00 p.m. – 2:00 p.m.

All orders must be placed 48 (business) hours in advance.

**Contact Customer Service:**

Phone: (302) 424-3301 ext. 102.

Email: CSMilford@fbd.org

Weekly menus can be found at [www.fbd.org](http://www.fbd.org) under the Partners section!

**Next menu 2/2/2024**

**DON'T FORGET TO CHECK OUR WEEKLY ANNOUNCEMENT SECTION**

**FOOD BANK OF DELAWARE WILL CONTINUE CLOSING AT NOON ON FRIDAYS. JUST A REMIND TO HRP'S THAT PICKUP WE HAVE MOVED TO 102 DELAWARE VETERANS BLVD. GOING FORWARD PLEASE SEND ORDERS IN PDF. (ALL DELIVERIES WILL BE DROPPED OFF OUTSIDE THE BUILDING UNTIL FURTHER NOTICE)**

[illegible]

Product Ref	Description	Packing	Unit Weight	Unit Measure	Qty Available
Beverages by the CASE					
701575-PUR	JUI Apple Juice	12/32oz	24	CASE	300
701290-PUR	JUI Orange Juice	12/32oz	24	CASE	290
Bread and Grains by the CASE					
702178-PUR	CER Raisin Brans*	12/7oz	12	CASE	453
705362-PUR	CER Honey Oat Rings*	12/6oz	12	CASE	193
704616-PUR	CER Honey Rings*	12/6oz	12	CASE	299
705269-PUR	CER Rice Crispies*	10/17.6oz	10	CASE	154
704619-PUR	CER Frosted Flakes*	12/6oz	12	CASE	272
702403-PUR	Oatmeal, Quick Oats*	12/14oz	12	CASE	132
703840-PUR	BAK Pancake Mix*	12/16OZ	12	CASE	235
Fruit by the CASE					
00300-PUR	FRU Mandarin Oranges*	24/11oz	24	CASE	511
705166-PUR	FRU Mixed Fruit in Juice*	24/15oz	30	CASE	154
705490-DON	FRU Applesauce Pouch	4/12/3.2oz	12	CASE	1240
00638-PUR	FRU Applesauce*	24/15oz	24	CASE	170
703927-PUR	FRU Peaches sliced in juice*	24/15oz	24	CASE	174
700968-PUR	FRU Pears*	24/15oz	24	CASE	145
705284-PUR	FRU Pineapples in juice*	24/10oz	24	CASE	156
Condiments by the CASE					
704304-PUR	SCS Grape Jelly Squeeze Bottle	12/19oz	12	CASE	348
703658-PUR	SCS Strawberry Jelly Squeeze Bottle	12/19oz	12	CASE	390
703657-PUR	SCS Pancake Syrup, Light	12/24oz	12	CASE	317
704338-PUR	SCS Turkey Gravy packets	24/.67oz	24	CASE	65
702622-PUR	SCS Spaghetti Sauce	24/15oz	24	CASE	179
Bread and Grains					
01501-DON	AFI Assorted Bakery Items	Pounds	1	LB	916
Frozen Meats (Ground Beef limit 5)					

<b>701229-PUR</b>	MEA Turkey, Whole	14-16lb	14	CASE	<b>18</b>
<b>888888-DON</b>	MEA Turkey, Whole	12lb	12	COUNT	<b>246</b>
<b>701756-PUR</b>	MEA Tray Pack	min 40lbs	40	Lbs	<b>93,615</b>
<b>Non-Meat Proteins by the CASE</b>					
<b>705111-PUR</b>	NMP Pinto Beans	24/15oz	24	CASE	<b>238</b>
<b>00297-PUR</b>	NMP Kidney Beans	24/15oz	24	CASE	<b>169</b>
<b>705038-PUR</b>	NMP Black Beans	24/15oz	24	CASE	<b>161</b>
<b>00194-PUR</b>	NMP Peanut Butter	12/18oz	12	CASE	<b>405</b>
<b>Pasta</b>					
<b>703242-PUR</b>	PAS Elbow Noodles*	20/1lb	20	CASE	<b>228</b>
<b>705410-PUR</b>	PAS Penne*	20/16oz	20	CASE	<b>128</b>
<b>00227-PUR</b>	PAS Spaghetti*	20/1lb	20	CASE	<b>186</b>
<b>705516-PUR</b>	PAS Rigatoni*	20/1lb	20	CASE	<b>107</b>
<b>703640-PUR</b>	Ric Brown Rice	24/1lb	24	CASE	<b>206</b>
<b>704958-PUR</b>	RIC White Rice	24/1lb	24	CASE	<b>157</b>
<b>Purchase Dairy by the CASE</b>					
<b>701570-PUR</b>	DAI Shelf Stable Milk 1%	12/32oz	12	CASE	<b>145</b>
<b>Meals and Entrees by the CASE</b>					
<b>00196-PUR</b>	MES Macaroni & Cheese*	24/7.25oz	24	CASE	<b>29</b>
<b>704428-PUR</b>	MES Cheesy Tuna Dinner*	24/5.3oz	24	CASE	<b>384</b>
<b>705537-PUR</b>	MES Chili with Beans*	12/15oz	12	CASE	<b>10</b>
<b>704739-PUR</b>	MES Chicken Chili	12/15oz	12	CASE	<b>384</b>
<b>700536-PUR</b>	MES Red Beans and Rice*	12/15oz	12	CASE	<b>30</b>
<b>702263-PUR</b>	MES Instant Potatoes	12/13oz	12	CASE	<b>105</b>
<b>702721-PUR</b>	MES Beef Ravioli	12/15oz	12	CASE	<b>157</b>
<b>Protein by the CASE</b>					
<b>702624-PUR</b>	MEA Beef Stew	12/15oz	12	CASE	<b>439</b>
<b>705126-PUR</b>	MEA Chicken Pouch	24/4.5oz	24	CASE	<b>363</b>
<b>705413-PUR</b>	MEA Mini Sausages	48/3.7oz	48	CASE	<b>65</b>
<b>705134-PUR</b>	MEA Lunch Loaf	12/12oz	12	CASE	<b>249</b>
<b>Purchase Non-Food Items by the CASE</b>					
<b>705405-PUR</b>	NFI Liquid Hand Soap	12/16.9oz	13	CASE	<b>147</b>

<b>703802-PUR</b>	NFI Toothpaste	24/6.4oz	24	CASE	<b>15</b>
<b>704544-PUR</b>	NFI Bar Soap	12/2.3oz	12	CASE	<b>42</b>
<b>705472-PUR</b>	NFI Deodorant Men's	24/1.8oz	24	CASE	<b>578</b>
<b>704922-PUR</b>	NFI Antiperspirant Deodorant	24/1.8oz	24	CASE	<b>175</b>
<b>703029-PUR</b>	NFI Shampoo	12/12oz	12	CASE	<b>138</b>
<b>702576-U</b>	NFI Foil Pans	1 Pan	1	Count	<b>986</b>
<b>Soup by the CASE</b>					
<b>705461-PUR</b>	SOU Cream of Chicken Soup	12/10oz	12	CASE	<b>146</b>
<b>705135-PUR</b>	SOU Tomato Soup	24/10.75oz	24	CASE	<b>200</b>
<b>00822-PUR</b>	SOU Condensed Chicken and Rice	24/210oz	24	CASE	<b>3</b>
<b>00206-PUR</b>	SOU Chicken Noodle Soup	12/10.5oz	12	CASE	<b>163</b>
<b>705532-PUR</b>	SOU Vegetable Soup	24/10.75oz	24	CASE	<b>240</b>
<b>Vegetables by the CASE</b>					
<b>00205-PUR</b>	VEG Whole Corn	24/15oz	24	CASE	<b>187</b>
<b>700870-PUR</b>	VEG Green Beans	24/15oz	24	CASE	<b>160</b>
<b>00200-PUR</b>	VEG Mixed Vegetables	24/15oz	24	CASE	<b>157</b>
<b>00203-PUR</b>	VEG Sweet Potatoes	24/15oz	24	CASE	<b>202</b>
<b>700931-PUR</b>	VEG Potatoes, canned	24/15oz	24	CASE	<b>340</b>
<b>00199-PUR</b>	VEG Carrots, Sliced	24/15oz	24	CASE	<b>157</b>
<b>Snack-Desserts by the Case</b>					
<b>704359-PUR</b>	SNK Oat Honey Chewy Bars	21/3.75oz	21	CASE	<b>288</b>
<b>Produce/Vegetable by the POUND</b>					
<b>01113-DON</b>	PRO Fresh Fruits & Vegetables	Pounds	1	LB	<b>2118</b>
<b>Dairy by the POUND</b>					
<b>01601-DON</b>	DAI Dairy Product	Pounds	1	LB	<b>4563</b>
<b>Assorted Frozen Meals and Entrees</b>					
<b>00772-DON</b>	AFI Assorted Frozen Product	ASST	1	LB	<b>12,905</b>
<b>USDA No limit on these items</b>					

<b>702462-USD</b>	USDA Blueberries, Frozen	12/2.5lbs	12	CASE	<b>660</b>
<b>703867-USD</b>	UDSA Beef Stew	24/24oz	24	CASE	<b>75</b>
<b>704160-USD</b>	USDA Chickpeas	24/15oz	24	CASE	<b>985</b>
<b>704308-USD</b>	USDA Cheddar Cheese	6/2lb	6	CASE	<b>1181</b>
<b>705417-USD</b>	USDA Collard Greens	12/15oz	12	CASE	<b>1615</b>
<b>705494-USD</b>	USDA Garbanzo Beans	24/1lb	24	CASE	<b>647</b>
<b>704159-USD</b>	USDA Grapefruit-Fresh	34-39lbs	34	CASE	<b>786</b>
<b>02002-USD</b>	USDA Almonds	12/2lb	12	CASE	<b>418</b>
<b>704228-USD</b>	USDA Walnuts	24/1lbs	24	CASE	<b>2453</b>
<b>702736-USD</b>	USDA Raisins	24/15oz	24	CASE	<b>115</b>
<b>704100-USD</b>	USDA Split Green Peas	12/2lbs	12	CASE	<b>749</b>
<b>704135-USD</b>	USDA Split Yellow Peas	12/2lbs	12	CASE	<b>350</b>
<b>700193-USD</b>	USDA Instant Potatoes	12/1lb	12	CASE	<b>250</b>
<b>704307-USD</b>	USDA Mac and Cheese	24/7.25oz	24	CASE	<b>150</b>
<b>702567-USD</b>	USDA Whole Chicken	10 chickens	10	CASE	<b>10</b>
<b>704029-USD</b>	USDA Milk	1 gal	1	By gal	<b>1105</b>
<b>704264-USD</b>	USDA Peanut Butter	12/16oz	12	CASE	<b>688</b>
<b>704204-USD</b>	USDA Pork Chops	40/1lb	40	CASE	<b>463</b>
<b>704123-USD</b>	USDA Pull Pork	20/2lbs	20	CASE	<b>405</b>
<b>705447-USD</b>	USDA Shrimp	20/2lb	20	CASE	<b>629</b>
<b>703214-USD</b>	USDA Salmon	24/7.5oz	24	CASE	<b>1375</b>
<b>00746-USD</b>	USDA Diced Tomatoes	24/15oz	24	CASE	<b>810</b>
<b>704307-USD</b>	USDA Mac and Cheese	24/7.25oz	24	CASE	<b>150</b>

# FOODS TO ENCOURAGE (F2E)

F2E are listed on the Food Bank of Delaware's menu with an asterisk\*. These are items you should order most often for good nutrition

≤ means less than or equal to

## CANNED/FROZEN FRUIT



Nothing added or is in 100% fruit juice, fruit in light syrup or has ≤ 12 g sugar per serving

## CEREAL



First ingredient is 100% whole grain or has ≤ 12 g sugar per serving

## MEAT, FISH, POULTRY



Contains ≤ 480 mg sodium and has ≤ 2 g saturated fat per serving

## JUICE



Contains 100% fruit or vegetable juice or has ≤ 12 g sugar per serving

## PASTA/RICE



First ingredient is 100% whole grain

## NON-MEAT PROTEIN



(Eggs, nuts, seeds, beans, lentils)

Nothing added or has ≤ 230 mg sodium per serving

## CANNED/FROZEN VEGETABLES



Nothing added or has ≤ 230 mg sodium per serving

## ALL FRESH FRUITS AND VEGETABLES



## NOT RANKED

Baby food/formula • Beverages • Bread/bakery • Complete meal/entree and soup • Dairy • Dessert • Dressing • Grain • Mixed and assorted food items • Snack food/cookies • Dough • Salvage • Spices/condiments • Sauces • Prepared items

## Foods to Reduce:

- Soda • Candy • Chips
- Puffed cheese snacks
- Pork rinds • Sweets • Cakes
- Cookies • Donuts • Ice cream
- Pastries • Popsicles



This institution is an equal opportunity provider.  
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP





# FREE CAREER TRAINING



**EARN YOUR CERTIFIED LOGISTICS ASSOCIATE AND  
CERTIFIED LOGISTICS TECHNICIAN CREDENTIALS!**



**Our FREE 14-week L.O.G.I.C. training program will help you gain  
the skills needed for a rewarding career in the warehousing/  
logistics industries! Earn four credentials for career growth opportunities!**

- ✓ Learn how to use warehouse equipment like an electric pallet jack, stand-up deep reach, sit-down fork lift and more
- ✓ Earn Forklift, OSHA-10, Certified Logistics Associate and Certified Logistics Technician certifications
- ✓ Free transportation to and from class  
Gas cards for student drivers
- ✓ Paid work experience at a local employer
- ✓ Meals, uniforms and protective equipment provided
- ✓ Field trips and industry guest speakers

**LEARN MORE & APPLY ONLINE: [WWW.FBD.ORG/LOGIC](http://WWW.FBD.ORG/LOGIC)**

*Equal Opportunity Employer/Program  
Auxiliary aids and services are available upon request to individuals with disabilities  
Funded by Delaware Workforce Development Board and Department of Labor*

**Contact: Greg Oakley  
[goakley@fbd.org](mailto:goakley@fbd.org)  
(302) 292-1305 ext 279**



# EARN SERVSAFE® CERTIFICATION AND LEARN BASIC AND HIGH-END KITCHEN SKILLS!



## TRAIN NOW FOR A **NEW CAREER**



Our **FREE** 14-week culinary training program will help you gain the skills needed for a rewarding career in the food service industry!

**Apply today!**



### **HANDS-ON**

*Learn basic and high-end culinary skills in an industrial kitchen*



### **WORK EXPERIENCE**

*Receive a two-week PAID work experience at a local employer*



### **SUPPORTIVE**

*Transportation to and from class, uniform, knife and textbook provided*



### **JOB MATCHING**

*We will use our industry connections to help you obtain employment*

*Equal Opportunity Employer/Program*

*Auxiliary aids and services are available upon request to individuals with disabilities*

*Funded by Delaware Workforce Development Board and Department of Labor*

**Statewide:**

**Greg Oakley**

**goakley@fbd.org**

**(302) 292-1305 ext 279**

**WWW.FBD.ORG/  
THE-CULINARY-SCHOOL**

**FOOD BANK OF DELAWARE**  
**MONTHLY HUNGER RELIEF TRACKING SHEET**  
**DUE BACK BY THE 5TH OF EVERY MONTH**

This tracking sheet is to ensure all the communities needs are being met. All Hunger Relief Partners are required to track and submit numbers on a monthly basis. Please submit a separate form for each of your feeding program and only provide one month per sheet.

Agency Name \_\_\_\_\_

Account # \_\_\_\_\_

County: (Please check one)    NCC ☐    KENT ☐    SUSSEX ☐

Month: (Please check one)

JAN ☐    FEB ☐    MAR ☐    APR ☐  
MAY ☐    JUN ☐    JUL ☐    AUG ☐  
SEP ☐    OCT ☐    NOV ☐    DEC ☐

Contact Person: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Please indicate the total number of households, individuals, adults, children, and first-time participants for the month which you have indicated above. A first time client is one whom you have not serviced before OR one that has not sought your services since **JULY 1st of 2023**

	Total # of Households	Total # Adults	Total # Children	Unduplicated # of Households	Unduplicated # Adults	Unduplicated # Children	# of Households First Visit Since 7/1/23? (running tally)
Total							

The total #'s of households, adults and children are the total number served during the month. The unduplicated #'s should reflect the first time the client is served in the month but not any return visits.

The first visit should reflect the households who are being served for the first time since 7/1/23. As this is an ongoing tally, each following months total should either be the same (if no new visits) or higher than the previous month.

Please be aware that this sheet supercedes all previous tally sheets distributed by the Food Bank of Delaware and should be completed each month and returned **BY THE 5TH OF EVERY MONTH** to ensure that our records remain accurate. Thank you for your cooperation, it is greatly appreciated.

Email form to: [cservice@fbd.org](mailto:cservice@fbd.org)  
or mail to: The Food Bank of Delaware  
Attn: Erika Strobel  
222 Lake Drive  
Newark, DE 19702