

# Milford Branch – New Menu as of 1/26/2024

ORDER FORM COVER SHEET

Agency Name:	_ Account #:
Contact Person:	E-mail Address:
Phone #: ( ) Fax #: ( ) _	
Pick up Date: Time:	Delivery Date:
Pages sent including	coversheet:
Hou	ırs:

**Monday- Thursday:** 8:30 a.m. – 12:00 p.m. and 1:00 p.m. – 2:00 p.m. All orders must be placed 48 (business) hours in advance.

#### **Contact Customer Service:**

Phone: (302) 424-3301 ext. 102. Email: CSMilford@fbd.org

Weekly menus can be found at www.fbd.org under the Partners section!

# Next menu 2/2/2024

FOOD BANK OF DELAWARE WILL CONTINUE CLOSING AT NOON ON FRIDAYS.JUST A REMIND TO HRP'S THAT PICKUP WE HAVE MOVED TO 102 DELAWARE VETERANS BLVD. GOING FORWARD PLEASE SEND ORDERS IN PDF. (ALL DELIVERIES WILL BE DROPPED OFF OUTSIDE THE BUILDING UNTIL FURTHER NOTICE)

Product #	Quantity	Description

Product Ref	<b>Description</b>	<b>Packing</b>	Unit Weight	Unit Measure	Qty Available
		B	everages by the C		
701575-PUR	JUI Apple Juice	12/32oz	24	CASE	300
701290-PUR	JUI Orange Juice	12/32oz	24	CASE	290
		Bread	d and Grains by th	e CASE	
702178-PUR	CER Raisin Brans*	12/7oz	12	CASE	453
705362-PUR	CER Honey Oat Rings*	12/6oz	12	CASE	193
704616-PUR	CER Honey Rings*	12/6oz	12	CASE	299
705269-PUR	CER Rice Crispies*	10/17.6oz	10	CASE	154
704619-PUR	CER Frosted Flakes*	12/6oz	12	CASE	272
702403-PUR	Oatmeal, Quick Oats*	12/14oz	12	CASE	132
703840-PUR	BAK Pancake Mix*	12/16OZ	12	CASE	235
			Fruit by the CASI		
00300-PUR	FRU Mandarin Oranges*	24/11oz	24	CASE	511
705166-PUR	FRU Mixed Fruit in Juice*	24/15oz	30	CASE	154
705490-DON	FRU Applesauce Pouch	4/12/3.2oz	12	CASE	1240
00638-PUR	FRU Applesauce*	24/15oz	24	CASE	170
703927-PUR	FRU Peaches sliced in juice*	24/15oz	24	CASE	174
700968-PUR	FRU Pears*	24/15oz	24	CASE	145
705284-PUR	FRU Pineapples in juice*	24/10oz	24	CASE	156
		C	ondiments by the (	CASE	
704304-PUR	SCS Grape Jelly Squeeze Bottle	12/19oz	12	CASE	348
703658-PUR	SCS Strawberry Jelly Squeeze Bottle	12/19oz	12	CASE	390
703657-PUR	SCS Pancake Syrup, Light	12/24oz	12	CASE	317
704338-PUR	SCS Turkey Gravy packets	24/.67oz	24	CASE	65
702622-PUR	SCS Spaghetti Sauce	24/15oz	24	CASE	179
			Bread and Grain	s	
01501-DON	AFI Assorted Bakery Items	Pounds	1	LB	916

701229-PUR	MEA Turkey, Whole	14-16lb	14	CASE	18
888888-DON	MEA Turkey, Whole	12lb	12	COUNT	246
701756-PUR	MEA Tray Pack	min 40lbs	40	Lbs	93,615
		Non-A	Meat Proteins by th	e CASE	
705111-PUR	NMP Pinto Beans	24/15oz	24	CASE	238
00297-PUR	NMP Kidney Beans	24/15oz	24	CASE	169
705038-PUR	NMP Black Beans	24/15oz	24	CASE	161
00194-PUR	NMP Peanut Butter	12/18oz	12	CASE	405
			<mark>Pasta</mark>		
703242-PUR	PAS Elbow Noodles*	20/1lb	20	CASE	228
705410-PUR	PAS Penne*	20/16oz	20	CASE	128
00227-PUR	PAS Spaghetti*	20/1lb	20	CASE	186
705516-PUR	PAS Rigatoni*	20/1lb	20	CASE	107
703640-PUR	Ric Brown Rice	24/1lb	24	CASE	206
704958-PUR	RIC White Rice	24/1lb	24	CASE	157
		Puro	base Dains by the	CASE	
701570-PUR	DAI Shelf Stable Milk 1%	12/32oz	hase Dairy by the	CASE	145
		Meals	and Entrees by th	e CASE	
00196-PUR	MES Macaroni & Cheese*	24/7.25oz	24	CASE	29
704428-PUR	MES Cheesy Tuna Dinner*	24/5.3oz	24	CASE	384
705537-PUR	MES Chili with Beans*	12/15oz	12	CASE	10
704739-PUR	MES Chicken Chili		42		204
	IVIES CHICKEH CHIII	12/15oz	12	CASE	384
700536-PUR	MES Red Beans and Rice*	12/150z 12/150z	12	CASE	30
700536-PUR	MES Red Beans and Rice*	12/15oz	12	CASE	30
700536-PUR 702263-PUR	MES Red Beans and Rice* MES Instant Potatoes	12/15oz 12/13oz	12 12	CASE CASE	30 105
700536-PUR 702263-PUR	MES Red Beans and Rice* MES Instant Potatoes	12/15oz 12/13oz	12 12 12	CASE CASE	30 105
700536-PUR 702263-PUR 702721-PUR	MES Red Beans and Rice* MES Instant Potatoes MES Beef Ravioli	12/15oz 12/13oz 12/15oz	12 12 12 Protein by the CAS	CASE CASE CASE	30 105 157
700536-PUR 702263-PUR 702721-PUR 702624-PUR	MES Red Beans and Rice* MES Instant Potatoes MES Beef Ravioli MEA Beef Stew	12/15oz 12/13oz 12/15oz	12 12 12 Protein by the CAS	CASE CASE CASE CASE	30 105 157 439
700536-PUR 702263-PUR 702721-PUR 702624-PUR 705126-PUR	MES Red Beans and Rice*  MES Instant Potatoes  MES Beef Ravioli  MEA Beef Stew  MEA Chicken Pouch	12/15oz 12/13oz 12/15oz 12/15oz 24/4.5oz	12 12 12 Protein by the CAS 12 24	CASE CASE CASE CASE CASE CASE	30 105 157 439 363
700536-PUR 702263-PUR 702721-PUR 702624-PUR 705126-PUR 705413-PUR	MES Red Beans and Rice* MES Instant Potatoes MES Beef Ravioli  MEA Beef Stew MEA Chicken Pouch MEA Mini Sausages	12/15oz 12/13oz 12/15oz 12/15oz 12/15oz 24/4.5oz 48/3.7oz 12/12oz	12 12 12 Protein by the CAS 12 24 48	CASE CASE CASE CASE CASE CASE CASE CASE	30 105 157 439 363 65

703802-PUR	NFI Toothpaste	24/6.4oz	24	CASE	15
704544-PUR	NFI Bar Soap	12/2.3oz	12	CASE	42
705472-PUR	NFI Deodorant Men's	24/1.8oz	24	CASE	578
704922-PUR	NFI Antiperspirant Deodorant	24/1.8oz	24	CASE	175
703029-PUR	NFI Shampoo	12/12oz	12	CASE	138
702576-U	NFI Foil Pans	1 Pan	1	Count	986
			Soup by the CASI		
705461-PUR	SOU Cream of Chicken Soup	12/10oz	12	CASE	146
705135-PUR	SOU Tomato Soup	24/10.75oz	24	CASE	200
00822-PUR	SOU Condensed Chicken and Rice	24/210oz	24	CASE	3
00206-PUR	SOU Chicken Noodle Soup	12/10.5oz	12	CASE	163
705532-PUR	SOU Vegetable Soup	24/10.75oz	24	CASE	240
		V	egetables by the CA	<mark>ASE</mark>	
00205-PUR	VEG Whole Corn	24/15oz	24	CASE	187
700870-PUR	VEG Green Beans	24/15oz	24	CASE	160
00200-PUR	VEG Mixed Vegetables	24/15oz	24	CASE	157
00203-PUR	VEG Sweet Potatoes	24/15oz	24	CASE	202
700931-PUR	VEG Potatoes, canned	24/15oz	24	CASE	340
00199-PUR	VEG Carrots, Sliced	24/15oz	24	CASE	157
		Snac	ck-Desserts by the	Case	
704359-PUR	SNK Oat Honey Chewy Bars	21/3.75oz	21	CASE	288
			e/Vegetable by t		
01113-DON	PRO Fresh Fruits & Vegetables	Pounds	1	LB	2118
			Dairy by the POUN	ע	
01601-DON	DAI Dairy Product	Pounds	1	LB	4563
		Assorte	d Frozen Meals an	d Entrees	
00772-DON	AFI Assorted Frozen Product	ASST	1	LB	12,905
		USDA N	lo limit on the	se items	

702462-USD	USDA Blueberries, Frozen	12/2.5ibs	12	CASE	660
703867-USD	UDSA Beef Stew	24/24oz	24	CASE	75
704160-USD	USDA Chickpeas	24/15oz	24	CASE	985
704308-USD	USDA Cheddar Cheese	6/2lb	6	CASE	1181
705417-USD	USDA Collard Greens	12/15oz	12	CASE	1615
705494-USD	USDA Garbanzo Beans	24/1lb	24	CASE	647
704159-USD	USDA Grapefruit-Fresh	34-39lbs	34	CASE	786
02002-USD	USDA Almonds	12/2lb	12	CASE	418
704228-USD	USDA Walnuts	24/1lbs	24	CASE	2453
702736-USD	USDA Raisins	24/15oz	24	CASE	115
704100-USD	USDA Split Green Peas	12/2lbs	12	CASE	749
704135-USD	USDA Split Yellow Peas	12/2lbs	12	CASE	350
700193-USD	USDA Instant Potatoes	12/1lb	12	CASE	250
704307-USD	USDA Mac and Cheese	24/7.25oz	24	CASE	150
702567-USD	USDA Whole Chicken	10 chickens	10	CASE	10
704029-USD	USDA Milk	1 gal	1	By gal	1105
704264-USD	USDA Peanut Butter	12/16oz	12	CASE	688
704204-USD	USDA Pork Chops	40/1lb	40	CASE	463
704123-USD	USDA Pull Pork	20/2lbs	20	CASE	405
705447-USD	USDA Shrimp	20/2lb	20	CASE	629
703214-USD	USDA Salmon	24/7.5oz	24	CASE	1375
00746-USD	USDA Diced Tomatoes	24/15oz	24	CASE	810
704307-USD	USDA Mac and Cheese	24/7.25oz	24	CASE	150
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# FOODS TO ENCOURAGE (F2E)

F2E are listed on the Food Bank of Delaware's menu with an asterisk\*.

These are items you should order most often for good nutrition

≤ means less than or equal to

#### CANNED/FROZEN FRUIT



Nothing
added or is in
100% fruit
juice, fruit in
light syrup or
has ≤ 12 g
sugar per
serving

## CEREAL



First ingredient is 100% whole grain or has ≤ 12 g sugar per serving

# MEAT, FISH, POULTRY -



Contains ≤ 480 mg sodium and has ≤ 2 g saturated fat per serving

#### JUICE



Contains 100% fruit or vegetable juice or has ≤ 12 g sugar per serving

## PASTA/RICE



First ingredient is 100% whole grain

## NON-MEAT PROTEIN



(Eggs, nuts, seeds, beans, lentils)

Nothing added or has ≤ 230 mg sodium per serving

# CANNED/FROZEN VEGETABLES



Nothing added or has ≤ 230 mg sodium per serving

# ALL FRESH FRUITS AND VEGETABLES



## NOT RANKED

Baby food/formula •
Beverages • Bread/bakery •
Complete meal/entree and

soup • Dairy • Dessert •

Dressing • Grain • Mixed and assorted food items • Snack

food/cookies • Dough •

Salvage • Spices/condiments

sauces • Prepared items

# Foods to Reduce:

- Soda
   Candy
   Chips
- Puffed cheese snacks
- Pork rinds
   Sweets
   Cakes
- Cookies
   Donuts
   Ice cream
- Pastries Popsicles



This institution is an equal opportunity provider.

This material was funded by USDA's Supplemental Nutrition
Assistance Program - SNAP



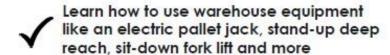
# FREE CAREER TRAINING



# EARN YOUR CERTIFIED LOGISTICS ASSOCIATE AND CERTIFIED LOGISTICS TECHNICIAN CREDENTIALS!

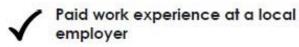


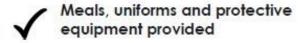
Our FREE 14-week L.O.G.I.C. training program will help you gain the skills needed for a rewarding career in the warehousing/ logistics industries! Earn four credentials for career growth opportunities!





Free transportation to and from class
Gas cards for student drivers





Field trips and industry guest speakers

LEARN MORE & APPLY ONLINE: WWW.FBD.ORG/LOGIC

# EARN SERVSAFE® CERTIFICATION AND LEARN BASIC AND HIGH-END KITCHEN SKILLS!





# TRAIN NOW FOR A FOODBANK NEW CAREER



Our FREE 14-week culinary training program will help you gain the skills needed for a rewarding career in the food service industry! Apply today!



# HANDS-ON

Learn basic and high-end culinary skills in an industrial kitchen



# **WORK EXPERIENCE**

Receive a two-week PAID work experience at a local employer



# SUPPORTIVE

Transportation to and from class, uniform, knife and textbook provided



# JOB MATCHING

We will use our industry connections to help you obtain employment

Equal Opportunity Employer/Program

Auxiliary aids and services are available upon request to individuals with disabilities Funded by Delaware Workforce Development Board and Department of Labor.

Statewide:

**Greg Oakley** goakley@fbd.org (302) 292-1305 ext 279

WWW.FBD.ORG/ THE-CULINARY-SCHOOL

#### FOOD BANK OF DELAWARE

#### MONTHLY HUNGER RELIEF TRACKING SHEET

#### DUE BACK BY THE 5TH OF EVERY MONTH

This tracking sheet is to ensure all the communities needs are being met. All Hunger Relief Partners are required to track and submit numbers on a monthly basis. Please submit a separate form for each of your feeding program and only provide one month per sheet.

Acco	ont #					
Coun	y: (Please check one)	NCC □	KENT	SUSSEX		
Month	: (Please check one)					
	JAN 🗆	FEB 🗆	MAR	APR		
	MAY 🗆	JUN 🗆	JUL 🗆	AUG 🗆		
	SEP	OCT 🗆	NON	DEC		
Conto	act Person:					
P parti	e Number: lease indicate the tota cipants for the month v	I number of h which you hav	ouseholds, indiv ve indicated ab	iduals, adults, c ove. A first time	e client is one v	whom you
P parti	lease indicate the tota	I number of h which you hav re OR one tha	ouseholds, indivive indicated about has not sough  Unduplicated	iduals, adults, c ove. A first time t your services :	e client is one v	whom you of 2023 # of Households

The total #'s of households, adults and children are the total number served during the month.

The unduplicated #'s should reflect the first time the client is served in the month but not any return visits.

The first visit should reflect the households who are being served for the first time since 7/1/23. As this is an ongoing tally, each following months total should either be the same (if no new visits) or higher than the previous month.

Please be aware that this sheet supercedes all previous tally sheets distributed by the Food Bank of Delaware and should be completed each month and returned BY THE 5TH OF EVERY MONTH to ensure that our records remain accurate. Thank you for your cooperation, it is greatly appreciated.

Email form to: cservice@fbd.org or mail to: The Food Bank of Delaware Attn: Erika Strobel 222 Lake Drive Newark, DE 19702