



Milford Branch – New Menu as of 1/19/2024
ORDER FORM COVER SHEET

Agency Name: _____ Account #: _____

Contact Person: _____ E-mail Address: _____

Phone #: () _____ Fax #: () _____

☐ Pick up Date: _____ Time: _____ ☐ Delivery Date: _____

Pages sent including coversheet: _____

Hours:

Monday- Thursday: 8:30 a.m. – 12:00 p.m. and 1:00 p.m. – 2:00 p.m.

All orders must be placed 48 (business) hours in advance.

Contact Customer Service:

Phone: (302) 424-3301 ext. 102.

Email: CSMilford@fbd.org

Weekly menus can be found at www.fbd.org under the Partners section!

Next menu 1/26/2024

DON'T FORGET TO CHECK OUR WEEKLY ANNOUNCEMENT SECTION

FOOD BANK OF DELAWARE WILL CONTINUE CLOSING AT NOON ON FRIDAYS. JUST A REMIND TO HRP'S THAT PICKUP WE HAVE MOVED TO 102 DELAWARE VETERANS BLVD. (ALL DELIVERIES WILL BE DROPPED OFF OUTSIDE THE BUILDING UNTIL FURTHER NOTICE)

[illegible]

Product Ref	Description	Packing	Unit Weight	Unit Measure	Qty Available
Beverages by the CASE					
701290-PUR	JUI Orange Juice	12/32oz	24	CASE	43
Bread and Grains by the CASE					
702178-PUR	CER Raisin Brans*	12/7oz	12	CASE	67
705362-PUR	CER Honey Oat Rings*	12/6oz	12	CASE	46
705269-PUR	CER Rice Crispies*	10/17.6oz	10	CASE	5
704999-PUR	BAK Pancake Mix*	12/16.5oz	12	CASE	15
Fruit by the CASE					
00300-PUR	FRU Mandarin Oranges*	24/11oz	24	CASE	91
705166-PUR	FRU Mixed Fruit in Juice*	24/15oz	30	CASE	15
705490-DON	FRU Applesauce Pouch	4/12/3.2oz	12	CASE	1260
Condiments by the CASE					
704304-PUR	SCS Grape Jelly Squeeze Bottle	12/19oz	12	CASE	7
703658-PUR	SCS Strawberry Jelly Squeeze Bottle	12/19oz	12	CASE	77
703657-PUR	SCS Pancake Syrup, Light	12/24oz	12	CASE	129
704338-PUR	SCS Turkey Gravy packets	24/.67oz	24	CASE	71
702622-PUR	SCS Spaghetti Sauce	24/15oz	24	CASE	3
Bread and Grains					
01501-DON	AFI Assorted Bakery Items	Pounds	1	LB	100
Frozen Meats (Ground Beef limit 5)					
701229-PUR	MEA Turkey, Whole	14-16lb	14	CASE	49
888888-DON	MEA Turkey, Whole	12lb	12	COUNT	272
Non-Meat Proteins by the CASE					
705111-PUR	NMP Pinto Beans	24/15oz	24	CASE	40
00297-PUR	NMP Kidney Beans	24/15oz	24	CASE	8
Pasta					
703242-PUR	PAS Elbow Noodles*	20/1lb	20	CASE	54
705410-PUR	PAS Penne*	20/16oz	20	CASE	47

00227-PUR	PAS Spaghetti*	20/1lb	20	CASE	3
705516-PUR	PAS Rigatoni*	20/1lb	20	CASE	34
703640-PUR	Ric Brown Rice	24/1lb	24	CASE	55
704958-PUR	RIC White Rice	24/1lb	24	CASE	12
Purchase Dairy by the CASE					
701570-PUR	DAI Shelf Stable Milk 1%	12/32oz	12	CASE	23
Meals and Entrees by the CASE					
00196-PUR	MES Macaroni & Cheese*	24/7.25oz	24	CASE	62
704428-PUR	MES Cheesy Tuna Dinner*	24/5.3oz	24	CASE	86
07236-PUR	MES Chili with Beans*	12/15oz	12	CASE	10
700536-PUR	MES Red Beans and Rice*	12/15oz	12	CASE	50
01329-PUR	MES Spaghetti Rings*	24/15oz	24	CASE	8
701119-PUR	MES Turkey Stuffing Mix*	12/5.25oz	12	CASE	5
Protein by the CASE					
702624-PUR	MEA Beef Stew	12/15oz	12	CASE	100
705126-PUR	MEA Chicken Pouch	24/4.5oz	24	CASE	75
00191-PUR	MEA Tuna in water	48/5oz	48	CASE	5
705413-PUR	MEA Mini Sausages	48/3.7oz	48	CASE	28
Purchase Non-Food Items by the CASE					
705405-PUR	NFI Liquid Hand Soap	12/16.9oz	13	CASE	156
703802-PUR	NFI Toothpaste	24/6.4oz	24	CASE	26
704544-PUR	NFI Bar Soap	12/2.3oz	12	CASE	66
704965-PUR	NFI Dish Detergent	12/22oz	12	CASE	4
705472-PUR	NFI Deodorant Men's	24/1.8oz	24	CASE	583
704964-PUR	NFI Laundry Detergent Powder	12/20oz	20	CASE	13
703029-PUR	NFI Shampoo	12/12oz	12	CASE	14
702576-U	NFI Foil Pans	1 Pan	1	Count	1097
Soup by the CASE					
705461-PUR	SOU Cream of Chicken Soup	12/10oz	12	CASE	17
705135-PUR	SOU Tomato Soup	24/10.75oz	24	CASE	25
00822-PUR	SOU Condensed Chicken and Rice	24/210oz	24	CASE	17
00206-PUR	SOU Chicken Noodle Soup	12/10.5oz	12	CASE	58

Vegetables by the CASE					
00205-PUR	VEG Whole Corn	24/15oz	24	CASE	25
705142-PUR	VEG Green Beans	24/15oz	24	CASE	3
00704-PUR	VEG Peas, Low Sodium	24/15oz	24	CASE	7
00200-PUR	VEG Mixed Vegetables	24/15oz	24	CASE	76
00203-PUR	VEG Sweet Potatoes	24/15oz	24	CASE	46
Snack-Desserts by the Case					
705018-PUR	SNK Apple Cinnamon Bars	21/3.75oz	21	CASE	0
Produce/Vegetable by the POUND					
01113-DON	PRO Fresh Fruits & Vegetables	Pounds	1	LB	75
Dairy by the POUND					
01601-DON	DAI Dairy Product	Pounds	1	LB	25
Assorted Frozen Meals and Entrees					
00772-DON	AFI Assorted Frozen Product	ASST	1	LB	3294
USDA No limit on these items					
703867-USD	UDSA Beef Stew	24/24oz	24	CASE	75
704160-USD	USDA Chickpeas	24/15oz	24	CASE	985
704308-USD	USDA Cheddar Cheese	6/2lb	6	CASE	1325
705417-USD	USDA Collard Greens	12/15oz	12	CASE	1615
705494-USD	USDA Garbanzo Beans	24/1lb	24	CASE	661
704159-USD	USDA Grapefruit-Fresh	34-39lbs	34	CASE	838
02002-USD	USDA Almonds	12/2lb	12	CASE	497
704228-USD	USDA Walnuts	24/1lbs	24	CASE	2477
702736-USD	USDA Raisins	24/15oz	24	CASE	128
704100-USD	USDA Split Green Peas	12/2lbs	12	CASE	751
704135-USD	USDA Split Yellow Peas	12/2lbs	12	CASE	371
700193-USD	USDA Instant Potatoes	12/1lb	12	CASE	250
704307-USD	USDA Mac and Cheese	24/7.25oz	24	CASE	150
702567-USD	USDA Whole Chicken	10 chickens	10	CASE	10

704029-USD	USDA Milk	1 gal	1	By gal	1840
704264-USD	USDA Peanut Butter	12/16oz	12	CASE	708
704204-USD	USDA Pork Chops	40/1lb	40	CASE	493
704123-USD	USDA Pull Pork	20/2lbs	20	CASE	468
705447-USD	USDA Shrimp	20/2lb	20	CASE	670
703214-USD	USDA Salmon	24/7.5oz	24	CASE	1400

FOODS TO ENCOURAGE (F2E)

F2E are listed on the Food Bank of Delaware's menu with an asterisk*. These are items you should order most often for good nutrition

≤ means less than or equal to

CANNED/FROZEN FRUIT



Nothing added or is in 100% fruit juice, fruit in light syrup or has ≤ 12 g sugar per serving

CEREAL



First ingredient is 100% whole grain or has ≤ 12 g sugar per serving

MEAT, FISH, POULTRY



Contains ≤ 480 mg sodium and has ≤ 2 g saturated fat per serving

JUICE



Contains 100% fruit or vegetable juice or has ≤ 12 g sugar per serving

PASTA/RICE



First ingredient is 100% whole grain

NON-MEAT PROTEIN



(Eggs, nuts, seeds, beans, lentils)

Nothing added or has ≤ 230 mg sodium per serving

CANNED/FROZEN VEGETABLES



Nothing added or has ≤ 230 mg sodium per serving

ALL FRESH FRUITS AND VEGETABLES



NOT RANKED

Baby food/formula • Beverages • Bread/bakery • Complete meal/entree and soup • Dairy • Dessert • Dressing • Grain • Mixed and assorted food items • Snack food/cookies • Dough • Salvage • Spices/condiments sauces • Prepared items

Foods to Reduce:

- Soda • Candy • Chips
- Puffed cheese snacks
- Pork rinds • Sweets • Cakes
- Cookies • Donuts • Ice cream
- Pastries • Popsicles



This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP



FREE CAREER TRAINING



**EARN YOUR CERTIFIED LOGISTICS ASSOCIATE AND
CERTIFIED LOGISTICS TECHNICIAN CREDENTIALS!**



**Our FREE 14-week L.O.G.I.C. training program will help you gain
the skills needed for a rewarding career in the warehousing/
logistics industries! Earn four credentials for career growth opportunities!**

- ✓ Learn how to use warehouse equipment like an electric pallet jack, stand-up deep reach, sit-down fork lift and more
- ✓ Earn Forklift, OSHA-10, Certified Logistics Associate and Certified Logistics Technician certifications
- ✓ Free transportation to and from class
Gas cards for student drivers
- ✓ Paid work experience at a local employer
- ✓ Meals, uniforms and protective equipment provided
- ✓ Field trips and industry guest speakers

LEARN MORE & APPLY ONLINE: WWW.FBD.ORG/LOGIC

*Equal Opportunity Employer/Program
Auxiliary aids and services are available upon request to individuals with disabilities
Funded by Delaware Workforce Development Board and Department of Labor*

**Contact: Greg Oakley
goakley@fbd.org
(302) 292-1305 ext 279**

EARN SERVSAFE® CERTIFICATION AND LEARN BASIC AND HIGH-END KITCHEN SKILLS!



TRAIN NOW FOR A **NEW CAREER**



Our **FREE** 14-week culinary training program will help you gain the skills needed for a rewarding career in the food service industry!

Apply today!



HANDS-ON

Learn basic and high-end culinary skills in an industrial kitchen



WORK EXPERIENCE

Receive a two-week PAID work experience at a local employer



SUPPORTIVE

Transportation to and from class, uniform, knife and textbook provided



JOB MATCHING

We will use our industry connections to help you obtain employment

Equal Opportunity Employer/Program

Auxiliary aids and services are available upon request to individuals with disabilities

Funded by Delaware Workforce Development Board and Department of Labor

Statewide:

Greg Oakley

goakley@fbd.org

(302) 292-1305 ext 279

**WWW.FBD.ORG/
THE-CULINARY-SCHOOL**

FOOD BANK OF DELAWARE
MONTHLY HUNGER RELIEF TRACKING SHEET
DUE BACK BY THE 5TH OF EVERY MONTH

This tracking sheet is to ensure all the communities needs are being met. All Hunger Relief Partners are required to track and submit numbers on a monthly basis. Please submit a separate form for each of your feeding program and only provide one month per sheet.

Agency Name _____

Account # _____

County: (Please check one) NCC ☐ KENT ☐ SUSSEX ☐

Month: (Please check one)

JAN ☐ FEB ☐ MAR ☐ APR ☐
MAY ☐ JUN ☐ JUL ☐ AUG ☐
SEP ☐ OCT ☐ NOV ☐ DEC ☐

Contact Person: _____

Phone Number: _____

Please indicate the total number of households, individuals, adults, children, and first-time participants for the month which you have indicated above. A first time client is one whom you have not serviced before OR one that has not sought your services since **JULY 1st of 2023**

	Total # of Households	Total # Adults	Total # Children	Unduplicated # of Households	Unduplicated # Adults	Unduplicated # Children	# of Households First Visit Since 7/1/23? (running tally)
Total							

The total #'s of households, adults and children are the total number served during the month. The unduplicated #'s should reflect the first time the client is served in the month but not any return visits.

The first visit should reflect the households who are being served for the first time since 7/1/23. As this is an ongoing tally, each following months total should either be the same (if no new visits) or higher than the previous month.

Please be aware that this sheet supercedes all previous tally sheets distributed by the Food Bank of Delaware and should be completed each month and returned **BY THE 5TH OF EVERY MONTH** to ensure that our records remain accurate. Thank you for your cooperation, it is greatly appreciated.

Email form to: cservice@fbd.org
or mail to: The Food Bank of Delaware
Attn: Erika Strobel
222 Lake Drive
Newark, DE 19702