

NUTRITION EDUCATION MATERIALS ORDER FORM

Site Name:

Contact Name:

Email:

County (circle one) - NC, K, S

How do you want to receive materials?
(circle one)

FBD Truck

email

If truck - when do you get delivery?

Orders will be filled on Fridays.

*All items are 8.5 x 11 unless stated
otherwise.*

ITEM	QUANTITY REQUESTED	LANGUAGE
INVENTORY SPECIFIC RECIPES		
CHOOSE SENSIBLE PORTION SIZES		
GIVE CONVENIENCE FOODS A HEALTHY MAKEOVER		
HEALTHY EATING HEAD TO TOE CHILD		
HEALTHY EATING HEAD TO TOE ADULT		
HEALTHY EATING HEAD TO TOE OLDER ADULT		
CHOOSE MY PLATE - POSTER SIZE		
HOW TO FREEZE AND STORE CHEESE		
DRY BEANS, PASTA, RICE		
HOW TO COOK DRY BEANS		
EXTENDED DATES		
HOW TO FREEZE FOODS FOR LATER USE		
HOW TO MAKE LIQUID MILK FROM POWDERED MILK		
UNIQUE WAYS TO USE POWDERED MILK		
KICK THE CAN (HOW TO STORE FOOD)		
METHODS FOR COOKING BROWN RICE		